

Agile Coaching Rachel Davies

Agile Coaching Agiles Coaching Coaching Agile Teams [Coaching Agile](#) Agile IT Organization Design The Cucumber Book The Skilled Facilitator Sport Pedagogy Agile Testing [The Coach's Casebook](#) Lean Change Management Time to Think The Power of Voice Kanban Maturity Model [Strategize User Stories Applied](#) Folk-lore of West and Mid-Wales Getting Value out of Agile Retrospectives - A Toolbox of Retrospective Exercises If you can't reach them you can't teach them [The Human Side of Agile](#) Cross-age Teaching Fearless Change Planning Extreme Programming [How to Change the World](#) Dare to Lead #NoEstimates Emotional Intelligence Coaching [Championing Women Leaders](#) Training From the Back of the Room! Enterprise Agility The Shyness and Social Anxiety Workbook [Be Your Own Life Coach](#) Isle of Noises [What Works in Executive Coaching](#) Agile Conversations Coaching and Mentoring The Art of Agile Development Social Psychology in Sport Beyond Glass [Stuck](#)

Eventually, you will very discover a new experience and success by spending more cash. still when? pull off you take that you require to acquire those every needs afterward having significantly cash? Why don't you try to acquire something basic in the beginning? That's something that will lead you to understand even more as regards the globe, experience, some places, afterward history, amusement, and a lot more?

It is your unconditionally own era to feign reviewing habit. in the middle of guides you could enjoy now is Agile Coaching Rachel Davies below.

[The Shyness and Social Anxiety Workbook](#) Apr 03 2020 There's nothing wrong with being shy. But if social anxiety keeps you from forming relationships with others, advancing in your education or your career, or carrying on with everyday activities, you may need to confront your fears to live an enjoyable, satisfying life. This new edition of [The Shyness and Social Anxiety Workbook](#) offers a comprehensive program to help you do just that. As you complete the activities in this workbook, you'll learn to: Find your strengths and weaknesses with a self-evaluation; Explore and examine your fears; Create a personalized plan for change; Put your plan into action through gentle and gradual exposure to social situations.... Information about therapy, medications, and other resources is also included. After completing this program, you'll be well-equipped to make connections with the people around you. Soon, you'll be on your way to enjoying all the benefits of being actively involved in the social world.

[Enterprise Agility](#) May 05 2020 Enterprise Agility is practical framework for enhancing Agility and equipping your company with the tools to survive. Key Features Prepare your company to navigate the rapidly-moving business world Enhance Agility in every component of your organization Build a framework that meets the unique requirements of your enterprise Book Description The biggest challenge enterprises face today is dealing with fast-paced change in all spheres of business. Enterprise Agility shows how an enterprise can address this challenge head on and thrive in the dynamic environment. Avoiding the mechanistic construction of existing enterprises that focus on predictability and certainty, Enterprise Agility delivers practical advice for responding and adapting to the scale and accelerating pace of disruptive change in the business environment. Agility is a fundamental shift in thinking about how enterprises work to effectively deal with disruptive changes in the business environment. The core belief underlying agility is that enterprises are open and living systems. These living systems, also known as complex adaptive systems (CAS), are ideally suited to deal with change very effectively. Agility is to enterprises what health is to humans. There are some foundational principles that can be broadly applied, but the definition of healthy is very specific to each individual. Enterprise Agility takes a similar approach with regard to agility: it suggests foundational practices to improve the overall health of the body—culture, mindset, and leadership—and the health of its various organs: people, process, governance, structure, technology, and customers. The book also suggests a practical framework to create a plan to enhance agility. What you will learn Drive agility-oriented change across the enterprise Understand why agility matters (more than ever) to modern enterprises Adopt and influence an Agile mindset in your teams and in your organization Understand the concept of a CAS and how to model enterprise and leadership behaviors on CAS characteristics to enhance enterprise agility Understand and convey the differences between Agile and true enterprise agility Create an enterprise-specific action plan to enhance agility Become a champion for enterprise agility Recognize the advantages and challenges of distributed teams, and how Agile ways of working can remedy the rough spots Enable and motivate your IT partners to adopt Agile ways of working Who this book is for Enterprise Agility is a tool for anyone with the motivation to influence outcomes in an enterprise, who aspires to improve Agility. Readers from the following backgrounds will benefit: chief executive officer, chief information officer, people/human resource director, information technology director, head of change program, head of transformation, and Agile coach/consultant.

[Isle of Noises](#) Jan 31 2020 Isle of Noises features brand-new, exclusive, in-depth conversations with twenty-seven of the UK's greatest living musicians. Artists discuss their individual approach to writing, the inspiration behind their most successful songs, and the techniques and methods they have independently developed. It is an incredible musical journey spanning fifty years, from 'Waterloo Sunset' by Ray Davies to 'The Beast' by Laura Marling, with many lyrical and melodic secrets revealed along the way. Original handwritten lyrics from personal archives and notebooks (many never-before-seen) offer a unique glimpse into the heart of the creative process, and some of the greatest names in photography, including Jill Furmanovsky, Pennie Smith and Sheila Rock, have contributed stunning portraits of each artist. The combination of individual personal insights and the breadth and depth of knowledge in their collected experience makes Isle of Noises the essential word on classic British songwriting - as told by the songwriters themselves.

[#NoEstimates](#) Sep 08 2020 How to always be on time, and not risk missing important deadlines or go over budget This book is the result of many years of hard work, and plenty of lessons learned. I wrote it because I believe we can do better than the accepted "status quo" in the software industry. It took me years to learn what I needed to learn to come up with my version of the #NoEstimates approach. You can do it in weeks! The techniques and ideas described here will help you explore the #NoEstimates universe in a very practical and hands-on manner. You will walk through Carmen's story. Carmen is a senior, very experienced project manager who is now confronted with a very difficult project. One would say, an impossible project. Through the book, and with the help of Herman, Carmen discovers and slowly adopts #NoEstimates which helps her turn that project around. Just like I expect it will help with the project you are in right now. The book also includes many concrete approaches you can use to adopt #NoEstimates, or just adopt those practices on their own.

[Social Psychology in Sport](#) Aug 27 2019 Aimed as a course text at the undergraduate level, this is a sport psychology book that offers a comprehensive treatment of social psychology as it pertains to sport settings. It contains 20 chapters, divided into five parts. Each chapter features a summary which emphasises key points and a discussion to engage the class.

[Training From the Back of the Room!](#) Jun 05 2020 From Sharon L. Bowman, the author of the best-selling Ten-Minute Trainer, comes the dynamic new book, Training from the BACK of the Room! This innovative resource introduces 65 training strategies that are guaranteed to deliver outstanding training results no matter what the topic, group, or learning environment. Now, trainers can replace the traditional "Trainers talk; learners listen" paradigm with a radical new model for designing and delivering instruction: "When learners talk and teach, they learn."

[Beyond Glass](#) Jul 27 2019 A series of micro-collections featuring a selection of peculiar tales from the best in horror and speculative fiction. From Black Shuck Books and Rachel Knightley comes Beyond Glass, the twenty-seventh in the Black Shuck SHADOWS series.

[Dare to Lead](#) Oct 10 2020 In her #1 NYT bestsellers, Brené Brown taught us what it means to dare greatly, rise strong and brave the wilderness. Now, based on new research conducted with leaders, change makers and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Leadership is not about titles, status and power over people. Leaders are people who hold themselves accountable for recognising the potential in people and ideas, and developing that potential. This is a book for everyone who is ready to choose courage over comfort, make a difference and lead. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it and work to align authority and accountability. We don't avoid difficult conversations and situations; we lean into the vulnerability that's necessary to do good work. But daring leadership in a culture that's defined by scarcity, fear and uncertainty requires building courage skills, which are uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the same time we're scrambling to figure out what we have to offer that machines can't do better and faster. What can we do better? Empathy, connection and courage to start. Brené Brown spent the past two decades researching the emotions that give meaning to our lives. Over the past seven years, she found that leaders in organisations ranging from small entrepreneurial start-ups and family-owned businesses to non-profits, civic organisations and Fortune 500 companies, are asking the same questions: How do you cultivate braver, more daring leaders? And, how do you embed the value of courage in your culture? Dare to Lead answers these questions and gives us actionable strategies and real examples from her new research-based, courage-building programme. Brené writes, 'One of the most important findings of my career is that courage can be taught, developed and measured. Courage is a collection of four skill sets supported by twenty-eight behaviours. All it requires is a commitment to doing bold work, having tough conversations and showing up with our whole hearts. Easy? No. Choosing courage over comfort is not easy. Worth it? Always. We want to be brave with our lives and work. It's why we're here.'

[Coaching and Mentoring](#) Oct 29 2019 Over the last 15 years, Coaching and Mentoring has become the go-to guide for anyone looking to develop their coaching and mentoring skills at individual, team or organizational level. Clear and accessible, it uses practical tools and best practice to demonstrate how to relate theoretical models to specific situations to gain real benefits. It provides strategies that can be applied to any situation, including life coaching, business coaching and community mentoring. Now in its 3rd edition, Coaching and Mentoring has been fully updated to cover the latest thinking and developments in this area including extended coverage of coaching supervision. There is also now a brand new section on practical applications of coaching and mentoring for organizations which includes advice on how to align coaching and mentoring strategies to overall business goals and how to provide evidence for its transformational impact on employee performance. Full of practical advice, case studies and examples, this comprehensive guide will be of value to everyone involved in any aspect coaching and mentoring.

[Coaching Agile](#) Jul 31 2022 Découvrez comment coacher votre équipe pour qu'elle devienne plus agile. Ce livre demystifie les pratiques agiles, il s'agit d'un guide pratique pour créer des équipes agiles solides. Enrichi avec les conseils utiles des coachs agiles Rachel Davies et Liz Sedley, ce livre vous donne des outils de coaching que vous pouvez utiliser si vous êtes chef de projet, responsable technique ou membre d'une équipe de développement logiciel.

[Coaching Agile Teams](#) Sep 01 2022 The Provocative and Practical Guide to Coaching Agile Teams As an agile coach, you can help project teams become outstanding at agile, creating products that make them proud and helping organizations reap the powerful benefits of teams that deliver both innovation and excellence. More and more frequently, ScrumMasters and project managers are being asked to coach agile teams. But it's a challenging role. It requires new skills—as well as a subtle understanding of when to step in and when to step back. Migrating from "command and control" to agile coaching requires a whole new mind-set. In [Coaching Agile Teams](#), Lyssa Adkins gives agile coaches the insights they need to adopt this new mind-set and to guide teams to extraordinary performance in a re-energized work environment. You'll gain a deep view into the role of the agile coach, discover what works and what doesn't, and learn how to adapt powerful skills from many allied disciplines, including the fields of professional coaching and mentoring. Coverage includes Understanding what it takes to be a great agile coach Mastering all of the agile coach's roles: teacher, mentor, problem solver, conflict navigator, and performance coach Creating an environment where self-organized, high-performance teams can emerge Coaching teams past cooperation and into full collaboration Evolving your leadership style as your team grows and changes Staying actively engaged without dominating your team

and stunting its growth Recognizing failure, recovery, and success modes in your coaching Getting the most out of your own personal agile coaching journey Whether you're an agile coach, leader, trainer, mentor, facilitator, ScrumMaster, project manager, product owner, or team member, this book will help you become skilled at helping others become truly great. What could possibly be more rewarding?

Fearless Change Jan 13 2021 "All that have ever tried to impose change in their organization will immediately recognize and truly value the in-depth knowledge and experience captured in this book. It contains a collection of eye-openers that is a treasure chest for pioneers of new organizational ideas, A fantastic toolbox for use in future missions!" —Lise B. Hvatum, product development manager, Schlumberger "If you have need of changing your organization, and especially of introducing new techniques, then you want to understand what is in this book. It will help you avoid common pitfalls that doom many such projects and will show you a clear path to success. The techniques are derived from the experience of many individuals and organizations. Many are also fun to apply. This stuff is really cool—and really hot." —Joseph Bergin, professor of computer science, Pace University, New York "If change is the only guarantee in life, why is it so hard to do? As this book points out, people are not so much resistant to change itself as they are to being changed. Mary Lynn and Linda have successfully used the pattern form to capture and present the recurring lessons of successful change efforts and have placed a powerful knowledge resource in the hands of their readers." —Alan O'Callaghan, researcher, Software Technology Research Laboratory, De Montfort University, United Kingdom "The most difficult part of absorbing patterns, or any technology, into an organization is overcoming the people issues. The patterns in this book are the documentation of having gone through that experience, giving those that dare push the envelope a head start at success." —David E. DeLano, IBM Pervasive Computing "If you have ever wondered how you could possibly foster any cultural changes in your organization, in this book you will find a lot of concrete advice for doing so. I recommend that everyone read this book who has a vast interest in keeping his or her organization flexible and open for cultural change." —Jutta Eckstein, Independent Consultant, Objects In Action Author of Agile Software Development in the Large 48 Patterns for Driving and Sustaining Change in Your Organization Change. It's brutally tough to initiate, even harder to sustain. It takes too long. People resist it. But without it, organizations lose their competitive edge. Fortunately, you can succeed at making change. In *Fearless Change*, Mary Lynn Manns and Linda Rising illuminate 48 proven techniques, or patterns, for implementing change in organizations or teams of all sizes, and show you exactly how to use them successfully. Find out how to Understand the forces in your organization that drive and retard change Plant the seeds of change Drive participation and buy-in, from start to finish Choose an "official skeptic" to sharpen your thinking Make your changes appear less threatening Find the right timing and the best teaching moments Sustain your momentum Overcome adversity and celebrate success Inspired by the "pattern languages" that are transforming fields from software to architecture, the authors illuminate patterns for every stage of the change process: knowledge, persuasion, decision, implementation, and confirmation. These flexible patterns draw on the experiences of hundreds of leaders. They offer powerful insight into change-agent behavior, organizational culture, and the roles of every participant. Best of all, they're easy to use—and they work!

Folk-lore of West and Mid-Wales Jun 17 2021

Lean Change Management Dec 24 2021 "Change resistance is a natural reaction, when you don't involve the people affected by the change in the design of the change. This book will help you implement successful change and bypass change resistance by co-creating change. The book will do that through examples of how innovative practices can dramatically improve the success of change programs. These practices combine ideas from the Agile, Lean Startup, change management, organizational development and psychology communities. This book will change how you think about change."-

Agile IT Organization Design Jun 29 2022 Design IT Organizations for Agility at Scale Aspiring digital businesses need overall IT agility, not just development team agility. In *Agile IT Organization Design*, IT management consultant and ThoughtWorks veteran Sriram Narayan shows how to infuse agility throughout your organization. Drawing on more than fifteen years' experience working with enterprise clients in IT-intensive industries, he introduces an agile approach to "Business-IT Effectiveness" that is as practical as it is valuable. The author shows how structural, political, operational, and cultural facets of organization design influence overall IT agility—and how you can promote better collaboration across diverse functions, from sales and marketing to product development, and engineering to IT operations. Through real examples, he helps you evaluate and improve organization designs that enhance autonomy, mastery, and purpose: the key ingredients for a highly motivated workforce. You'll find "close range" coverage of team design, accountability, alignment, project finance, tooling, metrics, organizational norms, communication, and culture. For each, you'll gain a deeper understanding of where your organization stands, and clear direction for making improvements. Ready to optimize the performance of your IT organization or digital business? Here are practical solutions for the long term, and for right now. Govern for value over predictability Organize for responsiveness, not lowest cost Clarify accountability for outcomes and for decisions along the way Strengthen the alignment of autonomous teams Move beyond project teams to capability teams Break down tool-induced silos Choose financial practices that are free of harmful side effects Create and retain great teams despite today's "talent crunch" Reform metrics to promote (not prevent) agility Evolve culture through improvements to structure, practices, and leadership—and careful, deliberate interventions

The Power of Voice Oct 22 2021 Foreword by Academy Award-winner Mahershala Ali "A comprehensive masterpiece. . . . Throughout the course of my life, I have struggled to be heard. With Denise's insightful tutelage and easy-to-apply techniques, I have not only managed to find my voice, but to powerfully express myself so others listen! If you want to feel inspired and completely empowered give yourself the gift of this beautiful read!"—Halle Berry, Academy Award-winning actor An internationally renowned and highly sought-after Hollywood voice coach shares proven practices to help anyone utilize the often-untapped power of their own authentic voice. From a toddler's first words to professional public speaking, from a marriage proposal to asking for a raise, our voice is our most crucial instrument of expression. The world judges us by our voice. And yet there has been no authoritative guide to mastering its full capacity and expressing our true selves in every aspect of life, from relationships and family to work. Until now. As one of the nation's most sought-after vocal coaches, Denise Woods has worked with everyone from Mahershala Ali, Will Smith, and Idris Elba to Kirsten Dunst and Jessica Chastain. In *The Power of Voice*, for the first time ever, Woods shares the secrets, tips, lessons, and stories that have helped Hollywood's biggest stars become confident, effective communicators. Readers will learn how to: Articulate clearly Gain confidence in any situation Release tension and stress Address speech issues such as upspeak, vocal fry, and nasality Become powerful public speakers Find their truest form of expression With her unmatched ability to teach vocal mastery in real-world terms, Woods offers a much-needed, proven, practical, and invaluable set of tools that will forever change how we communicate and, ultimately, how we see ourselves and affect others.

Agile Conversations Nov 30 2019 A successful digital transformation must start with a conversational transformation. Today, software organizations are transforming the way work gets done through practices like Agile, Lean, and DevOps. But as commonly implemented as these methods are, many transformations still fail, largely because the organization misses a critical step: transforming their culture and the way people communicate. *Agile Conversations* brings a practical, step-by-step guide to using the human power of conversation to build effective, high-performing teams to achieve truly Agile results. Consultants Douglas Squirrel and Jeffrey Fredrick show readers how to utilize the Five Conversations to help teams build trust, alleviate fear, answer the "whys," define commitments, and hold everyone accountable. These five conversations give teams everything they need to reach peak performance, and they are exactly what's missing from too many teams today. Stop focusing on processes and practices that leave your organization stuck with culture-less rituals. Instead, unleash the unique human power of conversation.

Emotional Intelligence Coaching Aug 08 2020 Emotional Intelligence Coaching examines the vital role emotions and habits play in performance. Emotional intelligence can help leaders and coaches recognize how attitudes - both their own and those of the people they coach - prevent individuals from reaching their potential. Replacing these with more useful feelings and thoughts can provide a powerful means of improving performance. This book explains the principles of emotional intelligence and how these relate to coaching for performance. It includes practical activities for those seeking to identify and adapt their behaviour in order to achieve more. Never before have emotional intelligence and coaching been brought together in this way to help you develop your own and other people's performance.

Cross-age Teaching Feb 11 2021

Time to Think Nov 22 2021 Most people think they listen well, but they rarely do - not at this level. Listening this way is a radical act. The power of effective listening is recognised as the essential tool of good management. In this book, Nancy Kline describes how we can achieve this, and presents a step-by-step guide that can be used in any situation. Whether you want to have more productive meetings, solve business problems, create bold strategies, or build stronger relationships, this book offers you a new world of possibilities. From blue chip companies developing high-powered teams to individuals seeking personal growth, a Thinking Environment has come to mean transformation of the highest quality.

What Works in Executive Coaching Jan 01 2020 This book reviews the full coaching outcome research literature to examine the arguments and evidence behind the use of executive coaching. Erik de Haan presents the definitive guide to what works in coaching and what changes coaching brings about, both for individual coaches and for organisations and commissioners. Accessibly written and based on contemporary quantitative research into coaching effectiveness, this book considers whether we know that coaching works, and, if so, whom it works for, and what it offers to those involved. *What Works in Executive Coaching* considers the entire body of academic literature on quantitative research in executive and workplace coaching, assessing the significant results and explaining how to apply them. Each chapter contains direct applications to coaching practice and clearly evaluates the evidence, defining what really works in executive coaching. Alongside its companion volume *Critical Moments in Executive Coaching*, this book is an essential guide to evidence-based effectiveness in coaching. It will be a key text for all coaching practitioners, including those in training.

The Cucumber Book May 29 2022 Your customers want rock-solid, bug-free software that does exactly what they expect it to do. Yet they can't always articulate their ideas clearly enough for you to turn them into code. You need Cucumber: a testing, communication, and requirements tool-all rolled into one. All the code in this book is updated for Cucumber 2.4, Rails 5, and RSpec 3.5. Express your customers' wild ideas as a set of clear, executable specifications that everyone on the team can read. Feed those examples into Cucumber and let it guide your development. Build just the right code to keep your customers happy. You can use Cucumber to test almost any system or any platform. Get started by using the core features of Cucumber and working with Cucumber's Gherkin DSL to describe-in plain language-the behavior your customers want from the system. Then write Ruby code that interprets those plain-language specifications and checks them against your application. Next, consolidate the knowledge you've gained with a worked example, where you'll learn more advanced Cucumber techniques, test asynchronous systems, and test systems that use a database. Recipes highlight some of the most difficult and commonly seen situations the authors have helped teams solve. With these patterns and techniques, test Ajax-heavy web applications with Capybara and Selenium, REST web services, Ruby on Rails applications, command-line applications, legacy applications, and more. Written by the creator of Cucumber and the co-founders of Cucumber Ltd., this authoritative guide will give you and your team all the knowledge you need to start using Cucumber with confidence. What You Need:

Windows, Mac OS X (with XCode) or Linux, Ruby 1.9.2 and upwards, Cucumber 2.4, Rails 5, and RSpec 3.5

Planning Extreme Programming Dec 12 2020 A guide to XP leads the developer, project manager, and team leader through the software development planning process, offering real world examples and tips for reacting to changing environments quickly and efficiently.

How to Change the World Nov 10 2020

Championing Women Leaders Jul 07 2020 Championship is the key differentiator between women who achieve leadership roles and those who don't. This book examines the reasons why championing works and why it is so important for female executive development in particular, and provides a user-friendly guide to develop workplace champions for female leaders in any organization

The Coach's Casebook Jan 25 2022 Our strengths can become our weaknesses. Our traits and habitual behaviours can become traps. In each chapter of *The Coach's Casebook* the reader follows a skilled coach working with a client who is struggling with one of the twelve traits which every coach will face in their coaching work - traits such as people pleasing, perfectionism, impostor syndrome, performance anxiety and procrastination. The coach shares their emotions, their thought processes and their reflections as they try to understand the psychological origins of these behaviours and to work out how to help their client. *The Coach's Casebook* includes inspirational insights from individuals who have triumphed over such traits and have succeeded in

all walks of life figures such as Alec Stewart and Lewis Moody from the world of sport, Greg Dyke from the world of business, and Arctic explorer Pen Hadow. This book is above all designed to help you in your work as a coach. It gives you practical, tried and tested techniques which you can use today to help your clients to change the habits of a lifetime.

Stuck Jun 25 2019 Are you curious to understand more about what is going on inside your head? Do you want to help your clients become more successful and happy? Keen to up your coaching game by using neuroscience to help clients understand why they are stuck and what to do about it? Then read this book to increase your coaching success!

Getting Value out of Agile Retrospectives - A Toolbox of Retrospective Exercises May 17 2021 Getting Value out of Agile Retrospectives helps you and your teams to do retrospectives effectively and efficiently. It's a toolbox with many exercises for facilitating retrospectives, supported with the "what" and "why" of retrospectives, the business value and benefits that they bring, and advice for introducing and improving retrospectives. If you are a Scrum master, agile coach, project manager, product manager or facilitator then this book helps you to discover and apply new ways to do Valuable Agile Retrospectives with your teams. With plenty of exercises you can develop your own personal Retrospectives Toolbox to become more proficient in doing retrospectives and get more out of them.

Agiles Coaching Oct 02 2022 Dieses Buch zeigt, wie Sie erfolgreich agile Teams bilden und führen. Sie werden lernen, wie Sie agile Vorgehensweisen einsetzen, wie Sie Ihr Team inspirieren und verbessern können und wie Sie es optimal durch den kompletten agilen Lebenszyklus begleiten - von der Projektplanung bis zum Entwickeln der Software. Die Autoren lassen Sie an seiner jahrelangen Praxiserfahrung teilhaben.

Sport Pedagogy Mar 27 2022 Sport Pedagogy offers an essential starting point for anyone who cares about sport, education and young people. It offers invaluable theoretical and practical guidance for studying to become an effective teacher or coach, and for anyone who wants to inspire children and young people to engage in and enjoy sport for life. The book also focuses on you as a learner in sport, prompting you to reflect critically on the ways in which your early learning experiences might affect your ability to diagnose the learning needs of young people with very different needs. Sport Pedagogy is about learning in practice. It refers both the ways in which children and young people learn and the pedagogical knowledge and skills that teachers and coaches need to support them to learn effectively. Sport pedagogy is the study of the place where sport and education come together. The study of sport pedagogy has three complex dimensions that interact to form each pedagogical encounter: Knowledge in context - what is regarded as essential or valuable knowledge to be taught, coached or learnt is contingent upon historical, social and political contextual factors that define practice; Learners and learning - at the core of sport pedagogy is expertise in complex learning theories, and a deep understanding of diversity and its many impacts on the ways in which young learners can learn; Teachers/teaching and coaches/coaching - effective teachers and coaches are lifelong learners who can harness the power of sport for diverse children and young people. Gaining knowledge and understanding of the three dimensional concept of sport pedagogy is the first step towards ensuring that the rights of large numbers of children and young people to effective learning experiences in and through sport are not denied. The book is organised into three sections: background and context; young people as diverse learners; the professional responsibility of teachers and coaches. Features of each chapter include: research extracts, 'comments' to summarise key points, individual and group learning tasks, suggested resources for further reading, and reference lists to enable you to follow-up points of interest. This book provides you with some of the prior knowledge you need to make best use of teaching materials, coaching manuals and other resources. In so doing you, as a teacher or coach, will be well placed to offer an effective and professional learning service to children and young people in sport.

The Art of Agile Development Sep 28 2019 For those considering Extreme Programming, this book provides no-nonsense advice on agile planning, development, delivery, and management taken from the authors' many years of experience. While plenty of books address the what and why of agile development, very few offer the information users can apply directly.

Agile Coaching Nov 03 2022 "Agile Coaching" is all about working with people to create great teams. Readers learn how to build a team that produces great software and has fun doing it. The authors share their personal coaching stories, giving insights into what works and what to avoid.

Kanban Maturity Model Sep 20 2021 The Kanban method is known for its six practices which enable companies to increase their agility in an evolutionary manner, without making drastic changes to organizational structures, and thus engaging and involving people in the transition initiative. This first edition of the book covers the new beta release of KMM. It describes a roadmap and concrete action steps that enable developing organizations fit for their purpose.

User Stories Applied Jul 19 2021 Thoroughly reviewed and eagerly anticipated by the agile community, User Stories Applied offers a requirements process that saves time, eliminates rework, and leads directly to better software. The best way to build software that meets users' needs is to begin with "user stories": simple, clear, brief descriptions of functionality that will be valuable to real users. In User Stories Applied, Mike Cohn provides you with a front-to-back blueprint for writing these user stories and weaving them into your development lifecycle. You'll learn what makes a great user story, and what makes a bad one. You'll discover practical ways to gather user stories, even when you can't speak with your users. Then, once you've compiled your user stories, Cohn shows how to organize them, prioritize them, and use them for planning, management, and testing. User role modeling: understanding what users have in common, and where they differ Gathering stories: user interviewing, questionnaires, observation, and workshops Working with managers, trainers, salespeople and other "proxies" Writing user stories for acceptance testing Using stories to prioritize, set schedules, and estimate release costs Includes end-of-chapter practice questions and exercises User Stories Applied will be invaluable to every software developer, tester, analyst, and manager working with any agile method: XP, Scrum... or even your own home-grown approach.

Be Your Own Life Coach Mar 03 2020 Hugely successful life coach's guide to overcoming obstacles and achieving your wildest dreams. All of us have dreams about what we'd like to do, who we'd like to be and where we'd like to go in life. But most of us are never able to make these dreams a reality. Now, in this highly motivating new book, Fiona Harrold uses her experience as a life coach to show us that we can turn our own lives around. With encouragement, humour and an emphasis on the practical, Fiona sets out the 10 steps to taking control of our lives. First we must set our goals, however crazy they may seem; then we must start on the path to achieving them. Along the way, Fiona uses case studies, affirmations and motivational techniques to keep us going, coaching her readers in the same way that she would her personal clients. Helping you in all areas - personal and professional - this book will be your most valuable guide to being the most that you can be.

The Human Side of Agile Mar 15 2021 As an Agile team leader, your biggest challenge is also your biggest asset. The human side of Agile is tricky. It's the least manageable, understood, and appreciated asset in an Agile environment. Even if your customers are reasonably happy and your developers seem to be doing okay, you know your team is capable of more: delivering great products and staying ahead of ever-changing demands. You need a team that's self-organized, energetic, and flexible, even in tough situations. But how do you build it and lead it? Whether you're a ScrumMaster, project manager, functional manager, or team leader, you want to feel good about using Agile and to create the conditions for great results. But the project management skills you honed in traditional environments don't always apply to the role of Agile team leader. The Human Side of Agile fills this gap, guiding you to: Establish yourself as a confident and capable leader who adds value Build and lead an engaged team that can handle almost any challenge Cultivate collaboration and a continuous improvement mind-set Reap the full benefits of Agile in the real world with real people "I just found the next must-read book for our entire leadership team." "Tricia Broderick, Director of Development, TechSmith" "This book is up there with Peopleware, with concrete examples you can use immediately." "Dave Rooney, Sherpa, Shopify" "Agile teams need effective leaders who 'get' the people stuff. Without that you're merely going through the Agile motions." "Scott W. Ambler, co-creator of Disciplined Agile Delivery" While readable from cover to cover, the book is written as practical answers to the 80+ most relevant and pressing questions that team leaders ask, such as: "How Can I Help the Team Buy In?" "What If I Can't Work Full-Time as the Team's Leader?" "What Actions Will Build the Team's Trust in Me?" "How Can I Mitigate the Damage of Performance Reviews?" "What If a Member Doesn't Fit With the Team?" "How Can We Focus on Our Work With So Many Meetings?" "How Do I Get Stakeholders and Managers on My Side?" "How Can I Make Changes Stick?" "How Do We Avoid Reverting to Old Behaviors?" (Click on Look Inside to browse the complete table of contents.) The book's forewords are by Jim Highsmith and Christopher Avery. Gil Broza, founder and chief specialist at 3P Vantage, has successfully mentored Agile leaders and their teams since 2004. Gil's guidance helps professionals adopt effective, humane, and responsible approaches to software development.

The Skilled Facilitator Apr 27 2022 When it was published in 1994, Roger Schwarz's The Skilled Facilitator earned widespread critical acclaim and became a landmark in the field. The book is a classic work for consultants, facilitators, managers, leaders, trainers, and coaches--anyone whose role is to facilitate and guide groups toward realizing their creative and problem-solving potential. This thoroughly revised edition provides the essential materials for anyone that works within the field of facilitation and includes simple but effective ground rules for group interaction. Filled with illustrative examples, the book contains proven techniques for starting meetings on the right foot and ending them positively and decisively. This important resource also offers practical methods for handling emotions when they arise in a group and offers a diagnostic approach for identifying and solving problems that can undermine the group process.

Strategize Aug 20 2021 Create a winning game plan for your digital products with Strategize: Product Strategy and Product Roadmap Practices for the Digital Age. Using a wide range of proven techniques and tools, author Roman Pichler explains how to create effective strategies and actionable roadmaps to help you maximize your chances of creating successful products. Written in an engaging and no-nonsense style, Strategize offers practical advice and valuable examples so that you can apply the practices directly to your products. Comprehensive and insightful, the book will enable you to make the right strategic decisions in today's dynamic digital age. Praise for "Strategize": "Strategize" offers a comprehensive approach to product strategy using the latest practices geared specifically to digital products. Not just theory, the book is chock-full of real-world examples, making it easier to apply the principles to your company and products. "Strategize" is essential reading for everyone in charge of products: product executives, product managers, and product owners." Steve Johnson, Founder at Under10 Consulting, author, speaker, consultant, guitar player. "Whether you are new to product management or an experienced practitioner, "Strategize" is a must read. You are guaranteed to get new ideas about how to develop or improve your product strategy and how to execute it successfully. It's an essential addition to every product manager's reading list." Marc Abraham, Senior Product Manager at Notonthehighstreet.com. "Roman Pichler's latest book provides essential guidance for all product owners and anyone involved in product strategy or roadmapping. I highly recommend it." Mike Cohn, Author of "Succeeding with Agile," "Agile Estimating and Planning," and "User Stories Applied"

If you cant reach them you cant teach them Apr 15 2021 If only there was one simple answer to all your teaching concerns. There is! This book argues that by focusing on building effective learning relationships with your pupils, everything else will fall into place. It can be the basis for positive behaviour management, stress reduction, student engagement and pupil progress. By identifying and then meeting the core set of needs we all possess in order to engage in any learning activity, you can improve teaching and learning and minimise challenge and stress. The text encourages you to reflect on your own practice throughout and plan for interventions and changes that will improve your teaching and the experiences of the learners in your care. This is not a theory book or an academic research tome; it is a straight talking, practical, thought provoking and insightful look into the challenges of being the best teacher you can be. Suitable for whatever stage you are at in your career, and whatever age group you teach, this book proposes a narrative that can work alongside the ever-increasing range of educational initiatives to which teachers are exposed.

Agile Testing Feb 23 2022 Crispin and Gregory define agile testing and illustrate the tester's role with examples from real agile teams. They teach you how to use the agile testing quadrants to identify what testing is needed, who should do it, and what tools might help. The book chronicles an agile software development iteration from the viewpoint of a tester and explains the seven key success factors of agile testing.